

A Blessing For Our Essential Workers

by Rabbi Andrea Cosnowsky 2020

Oh Holy One - We come to you as did our ancestors

During times of crisis and fear

For those who suffer - who are in pain

May they be blessed with wholeness and strength

Send your blessing to the heroes of the moment:

The doctors, nurses & healthcare workers on the frontlines of this pandemic - Those whose holy work is to save as many lives as possible.

Bless the work of their hands and hearts, protect them from illness and despair, exhaustion and overwhelm.

And send Your goodness to all of our essential workers who deliver food, stock the shelves, teach our children and otherwise put their lives on the line everyday to bring as much normalcy as possible.

Bless those who strengthen our local communities and ultimately, the world, as we are all intrinsically connected to one another.

We ask for your continued blessing upon all of the earth's inhabitants. May all be sheltered under Your grace, peace and Divine love, and let us say, Amen