

A Prayer by Stephanie Richmond

United Church of Canada

Loving God, we come to you in this time of prayer, seeking to be connected and grounded in your calming comforting presence. We are experiencing many changes in the world around us and here

at home, at this time. Help us to feel your presence as we navigate these changes. We know that you are with us, however we often forget to turn to you when we get stressed and anxious. We can become caught up in our fears and think we are all alone. May we pay attention to the reminders all around us of your presence and sustaining strength as we journey forward into the coming days. May we be light to each other reaching out to each other, by phone email, and another way we can at this time. God we know you love the world and you are weeping with those who are weeping. Help us to heed the words of the professionals and do our part in flattening the curve of this virus pandemic. We offer up to you prayers for all the health care professionals who are working day and night, testing people, caring for the sick, and working to develop a vaccine.

We pray for the leaders who are making difficult decisions regarding closures to places of work and support for the vulnerable people in our communities.

God help the calm the fears of your people,

Give them peace of mind, help them feel, we are in this together, With your love and care shining through, may we emerge with a renewed sense of what it means to be a society. All this, along with the prayers in the hearts of your people, we place at the foot of the cross in Calvary, trusting that perfect love casts out all fear. In Jesus name we pray. Amen.